



May 30<sup>th</sup>, 2022

Watching the golf yesterday reminded me just how difficult putting is, even for the best players in the world. I then came across the chart below which has some very interesting data as to where shots are lost during a round.

## Putting statistics

	0 HCP	5 HCP	10 HCP	15 HCP	20 HCP	25 HCP
Average putts per round	29.3	30	31	31.8	32.2	33.3
Average holes per 3 putt	39.2	20.7	14.9	10.4	8.2	7.6
Average length of putt holed (ft)	4.1	4	3.9	3.7	3.6	3.7
1 putt %	37%	36%	31%	29%	29%	25%
2 putt %	60%	60%	62%	60%	57%	61%
3 putt %	3%	4%	7%	11%	14%	14%

Data provided by *Shot Scope*

This chart clearly shows that the fastest route to improvement is by limiting the number of times you 3-putt during a round. While this is easier said than done, here are a few drills that you could incorporate into your upcoming practice sessions.

### Controlling the short distances

\***3ft Drill – this is our home base** drill – getting comfortable from 3 feet and in will allow you to free yourself up as you move further from the hole –this is the drill I have used for many years with competitive players to help establish pressure and execution under pressure. The goal is to make 50 in a row. If you miss, and you start over – this is something to build up to. *I would suggest starting at 15 and once you accomplish this number you can move up in increments of 5.*

\***Ladder Drill** – 3ft increments to 9 ft – make 3 at each location in a row to complete the ladder, miss at any point you must start over. *To measure this distance, use the length of your putter and place a tee in the ground.*

\***Quiet eyes and head stability** – try to imagine not ever seeing the ball go in the hole – listen for it - any head movement will cause the shoulder to shift and therefore the ball will not start on the intended line (Eyes Closed Drill)

Please feel free to contact me at any time if you have any questions or would like some drills to continue your improvement.

Happy Golfing,

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